

Madrid Foot & Ankle Course

Arthroscopy and MIS of foot and ankle.
Including live surgical demonstrations
in cadaver.

Niek van Dijk & Mariano de Prado

5 AND 6 APRIL 2018

Location: CEU University Madrid
Early registration (before January 1st): 550€
Late registration: 610 €

For further information and
registration:

**Technical Secretariat
Provalentia Congressos**

Avda. Reino de Valencia, 77
46005 - Valencia - Spain

Tel.: +34 963 734 690

info@madridfootandankle.com
madridfootandankle.com

Foot & Ankle Course

an Official FIFA course accredited by
ESSKA and ISAKOS

Course directors:

Prof. dr. C. N. van Dijk - Dr. M. de Prado
Dr. P. L. Ripoll - Prof. F. Forriol

Coordinator FIFA Medical Centre:
Dr. H. Pereira

A special edition of the Amsterdam Foot and Ankle Course



In collaboration
with



With the anatomic support:



PROGRAMME

Foot & Ankle Course Provisional Programme

Lectures

- **Anterior Ankle Arthroscopy:** techniques, tips & tricks and keys to success.
- **What to do to have success in the MIS.** General principles, current indications, techniques & key point indicators.
- **Hindfoot Arthroscopy:** current indications, techniques, tips & tricks and keys to success.
- **Hindfoot MIS: current indications:** plantar fasciitis, subtalar arthrodesis, calcaneal osteotomy.
- **Tendoscopy & Ankle Instability:** current indications, techniques, tips & tricks and keys to success.
- **MIS Achilles tendon techniques:** Acute rupture, midportion and insertional tendinopathy.

Live Surgery

There will be live surgical demonstrations for both arthroscopy and MIS. We aim at a variety of indications like ankle instability, posterior ankle impingement, arthrodesis, recurrent peroneal tendon dislocation and calcaneal osteotomy.

DAY 1

05 Apr 2018

🕒 13:30 - 14:30

Registration

🕒 14:30 - 14:40

Dr. Pedro L. Ripoll, Prof. Francisco Forriol, Prof. Niek van Dijk, Dr. Mariano De Prado
Introduction

🕒 14:40 - 16:10

Prof. Niek van Dijk
Anterior Ankle Arthroscopy
Current indications, techniques, tips & tricks and keys to success.

🕒 16:10 - 17:10

Dr. Mariano De Prado
What to do to have success in the MIS
General principles, current Indications, techniques & key point indicators.

🕒 17:10 - 17:40

Coffee Break

🕒 17:40 - 19:00

Prof. Niek van Dijk, Dr. Mariano De Prado
Live Surgical Demonstrations in Cadaver: Arthroscopy and MIS
Moderators: Eduard Rabat, Hélder Pereira, Pieter d'Hooghe

🕒 19:00 - 20:00

Dr. Hélder Duarte Pereira, Dr. Ricardo Larrainzar-Garijo, Dr. Antonio Viladot Voegeli, Prof. Niek van Dijk
Case discussion

DAY 2

06 Apr 2018

🕒 07:30 - 08:00

Entry

🕒 08:00 - 09:00

Prof. Niek van Dijk
Hindfoot Arthroscopy
Current indications, techniques, tips & tricks and keys to success.

🕒 09:00 - 10:00

Dr. Mariano De Prado
Hindfoot MIS
Current indications: plantar fasciitis, subtalar arthrodesis, calcaneal osteotomy.

🕒 10:00 - 10:30

Coffee Break

🕒 10:30 - 11:30

Prof. Niek van Dijk, Dr. Mariano De Prado
Live Surgical Demonstrations: Arthroscopy and MIS
Moderators: Eduard Rabat, Hélder Pereira, Pieter d'Hooghe.

🕒 11:30 - 12:00

Dr. Hélder Duarte Pereira, Dr. Pieter d'Hooghe
Ankle Instability

🕒 12:00 - 13:00

Dr. Eduard Rabat, Dr. Pieter d'Hooghe, Prof. Jesús Vilá y Rico, Prof. Niek van Dijk
Case discussion

🕒 13:00 - 14:00

Lunch Break

🕒 14:00 - 15:00

Prof. Niek van Dijk
Tendoscopy Current Indications

🕒 15:00 - 16:00

Dr. Mariano De Prado
MIS Achilles tendon techniques.
Acute rupture, midportion and insertional tendinopathy.

🕒 16:00 - 16:30

Coffee Break

🕒 16:30 - 17:30

Prof. Niek van Dijk, Dr. Mariano De Prado
Live Surgical Demonstrations in Cadaver: Arthroscopy and MIS
Moderators: Eduard Rabat, Hélder Pereira, Pieter d'Hooghe.

🕒 17:30 - 18:15

Prof. Niek van Dijk, Dr. Mariano De Prado
Final discussion

🕒 18:15 - 18:30

Closing remarks & departures